



# OHIO RACEWALKER

VOLUME XXXVII NUMBER 12

COLUMBUS, OHIO

FEBRUARY 2002

## Clausen Finishes Strong To Recapture Title

Chula Vista, Cal., Feb. 17 (With excerpts from an Al Heppner report)--Thwarted last year in an attempt to match Larry Young's feat of four straight U.S. 50 km racewalking titles, Curt Clausen started a new string today. Last year, Philip Dunn walked a brilliant race to take the title from Clausen. This year, although he had just 6 weeks of full training since coming off knee surgery, Clausen was able to put Dunn away with a superb final 10 kilometers as both went under 4 hours. In a race in which both walkers showed their strength with negative splits, Clausen finished in 3:58:55 and Dunn in 3:59:59. Although it was Curt's slowest time in his four championships, his shortness of preparation make it perhaps his most impressive.

Such a strong finish in a race in which he would have been satisfied with a finish in the first five to ensure a World Cup berth indicates that come October, Curt will be primed to improve on his 3rd and 7th place finishes in the last two World Championships. Today, he was able to go faster on each successive 10 km (48:39, 48:20, 48:02, 47:09, and 46:45). And Dunn's strong effort in controlling the race until the final push suggest he will be ready to drop his time still further from the 3:56:33 in last year's World Championships. He also had a descending pace, until the final 10, when he couldn't match Clausen's spurt (48:39, 48:17, 47:30, and 47:15, and 48:17). And he was the one responsible for the quickening pace.

Tim Seaman, in a rare 50 km appearance, and Sean Albert, in his first try at 50, challenged the two vets of the distance before fading the final 10 km. But by World Cup time, we might expect to both of them under 4 hours as well. Today, Albert was with Clausen through 40 Km, with Seaman just 49 seconds back. (Dunn led Clausen by 28 seconds at that point. Both struggled from there, with Seaman eventually capturing third in 4:07:44 and Albert fourth in 4:09:58. Al Heppner was with Clausen and Seaman through 30 Km, before fading (5th in 4:11:18) and is returning to the form that saw him under 4 hours in 1999.

While these five duked it out for the three top spots, defending ladies winner Susan Armenta had things her own way since she was the only female competitor. But that didn't stop her from going all out as she bettered her performance of last year by 10 minutes with a 4:39:40. Only three women have ever walked faster, all three in a race in Italy last fall.

Armenta, competing for New Balance, was in cruise control the entire way and nearly matched Clausen's feat of going faster on each successive 10 km (56:58, 56:38, 55:45, 55:03, and 55:16). The 28-year-old maintained that increasing pace through about 46 km when mother nature erupted, dumping a blistering rain that slowed her pace the rest of the way.

"I felt good mentally and I was physically prepared. I wanted to have fun like last year," Armenta said. Armenta grew up less than 2 hours from Chula Vista in Riverside and had the largest contingent of fans of any competitor. She also would have finished eighth in the men's race.

In that race, Dunn, Albert, Clausen, Seaman, and the Army's Nunn were out in a pack, with Heppner 15 meters behind. These six athletes, all of who train at the ARCO Olympic Training Center in Chula Vista, distanced themselves from the rest of the field from the gun. The

The Ohio Racewalker is published monthly in Columbus, Ohio. Subscription rate is \$12.00 per year (\$15.00 outside the U.S.) Editor and Publisher: John E. (Jack) Mortland. Address all correspondence regarding both editorial and subscription matters to: Ohio Racewalker, 3184 Summit St., Columbus, OH 43202. E-mail address: jmortlan@columbus.rr.com. Approximate deadline for submission of material is the 20th of the month, but it is usually the 25th or later before we go to the printer, so material received by then may get in.

lead pack went through 10 km in 48:40, with Heppner 14 seconds back. Soon after, Seaman took a pit stop and began walking with Heppner. It was still Dunn, Albert, Clausen, and Nunn together at 30 in 1:36:59, with Heppner and Seaman at 1:37:15. But on the next lap, Dunn and Albert pulled away.

"The pace was too quick, too early", said Clausen. "I let them go, because I wasn't feeling great. My main concern was getting through the race. John and I were taking turns leading laps with Philip and Sean and when John and I were leading, our kilometer splits were about 10 seconds slower."

Seeing an opening, Heppner inexplicably took off at 22 km and quickly caught Nunn and Clausen and opened up a small margin. Seaman stayed within striking distance. By 30 Km, Dunn and Albert 2:24:26 were still leading and Clausen and Seaman had caught up to Heppner (2:25:01). Heppner couldn't go with them. Nunn began to fade and dropped out at 30 km, although he had planned to stop at that point anyway.

At 34, Dunn dumped Albert, while Clausen had already broken away from Seaman by 32 seconds with Heppner another 1:07 behind. "It was nice to have Sean to walk with as well as the other guys early on, but I felt as if I was setting the pace," Dunn said.

Walking alone, Albert began to fade. Dunn was under four-hour pace by 40 km in 3:11:42 and Clausen (3:12:10) had just passed Albert, who was five seconds behind. Seaman was 3:12:59, with a fading Heppner at 3:18:16. "As the race progressed, my confidence grew," said Clausen. "It was no longer a question of finishing, but how well I could do. With about 15 km to go, I thought I might be able to pull it off."

Still Dunn was able to increase his lead over Clausen to 48 seconds by 42 km. "After I left Sean at 34 km, I dropped my kilometer splits from 4:45 to 4:40. I was able to hold that until 45 km. Then I started to wonder if I had enough left to hold off Curt. I thought I could get a second wind, but that didn't happen," Dunn said.

Clausen sensed an opening and started assessing his chances. "I asked myself, 'Can I catch him?' I wasn't sure if I could, but I wanted to make it an honest race. It was time to go to work," Clausen said.

Clausen surged and caught Dunn with 2 km to go. Then he walked his fastest 2 km of the day in 9:05. Meanwhile, Dunn waked his slowest in 10:10, but was still able to nip the four hour mark. Despite the tough loss, Dunn was in good spirits after the race, even joking at the awards ceremony, explaining that he thought today's race was the National 48 km Championship.

The weather was perfect at the start of the race with overcast skies, temperatures in the mid-50s, and a slight wind. But as the race progressed, the wind started picking up on the backstretch. Everyone finishing after Heppner got dumped on as a forceful, sideways rain hit the course.

Theron Kissinger was sixth and Wisconsin-Parkside's Steve Quirke, in his first 50, finished seventh.

The 34-year-old Clausen claims Stevens Point, Wis. as home. At 6'2" and 168 pounds he has a personal best of 3:48:04, which he did while finishing 11th in the 1999 World Cup. He later took the bronze medal in that year's World Championships and was ranked fourth in the world for

the year. Last year, he was seventh in the World Championships and ranked seventh in the world. He first tried the 50 in 1990, finishing 7th in the National title race in 4:28:27. After concentrating on the 20 for the next 7 years, he broke through at 50 in 1998 with a 3:57:24 win in the nationals and has gone on from there to his present international stature. This year's win earned him USATF Athlete of the Week honors.

If the top five stick with the 50 for the World Cup in October, it may be the strongest team we have ever sent at the distance, at least when we consider the strong possibility for improvement by all five in the next 8 months. However, at least on time, it's not the best five ever in the Nationals. In 1994, the top five were Allen James 3:55:39, Jonathan Mathews 4:02:59, Herman Nelson 4:04:23, Andrzej Chylinski 4:07:48, and Paul Wick 4:08:15--faster than this year in every place but second. However, there was no place to send them other than the Pan-Am Cup, and we sent Wick and places six through nine to that. James, Matthews, and Chylinski did walk 20 at the Pan-Am Cup. There is also a strong argument for the five we sent to the World Cup in 1999, faster in every place but fifth at the national. Clausen 3:54:38, Heppner 3:58:45, Hermann 4:02:30, Dunn 4:04:44, and Gary Morgan 4:15:05. 1996 also comes close to matching this year with fifth place in 4:14:48, but the times slower for each of the five places. However, there were nine under 4:20 that year--the greatest depth ever. The only other year anywhere in the ballpark is another Olympic year, where only three could go, 1988. Trials results: Carl Schueler 3:57:48, Marco Evoniuk 4:03:33, Andy Kaestner 4:05:07, Jim Heiring 4:09:09, and Herm Nelson 4:15:51, actually faster at three of the five places. So, a group of five really strong walkers at the distance is not unprecedented.

Well, here are the results for this year:

1. Curt Clausen, N.Y.A.C. 3:58:55 (48:39, 1:36:59, 2:25:01, 3:12:10) 2. Philip Dunn, New Balance 3:59:59 (48:39, 1:36:56, 2:24:26, 3:11:42) 3. Tim Seaman, NYAC 4:07:43 (48:55, 1:37:15, 2:25:01, 3:12:59) 4. Sean Albert, New Balance 4:09:58 (48:39, 1:36:56, 2:24:26, 3:12:14) 5. Al Heppner, US Army 4:11:18 (48:55, 1:37:15, 2:25:11, 3:18:16) 6. Theron Kissinger 4:26:41 (1:42:40, 2:34:39, 3:28:42) 7. Steve Quirke, U. of Wisconsin-Parkside 4:38:08 (1:51:36, 2:45:32, 3:39:59) 8. John Soucheck, Shroe AC 4:42:59 (56:01, 1:51:35, 2:47:39, 3:44:54) 9. Rod Craig 4:59:19 (59:26, 1:59:18, 2:59:02, 3:59:00) 10. Bill Vayo 5:21:21 (59:46, 1:59:23, 2:58:48, 4:03:47) DNF--John Nunn, US Army (2:26:55 at 30); Dave McGovern, New Balance (1:46:21 at 20), and Jeff Salvage (59:40, out at 16 km). DQ--Steve Pecinovsky, US Air Force (56:58, 1:53:36, 2:50:08, DQd after 34) and Dave Doherty (56:58, DQd after 16).

Women: 1. Susan Armenta, New Balance 4:39:40 (56:58, 1:53:36, 2:49:21, 3:44:24) Judges: Bob Bowman, Ron Daniel, Elliott Denman, Bob Hickey, Darlene Hickman, Dave Snyder, and Vicki Mazur. Event Coordinators Curt Clausen and Elaine Ward.

#### Women's All Time 50 Km List

4:34:16 Elena Ginko, Belarus  
4:34:24 Natalia Bruniko, Italy  
4:36:45 Olena Krovchiza 4:36:45  
4:39:40 Susan Armenta, USA  
4:41:57 Kora Boufflet, France  
4:44:39 Anita Liepina, Latvia



**Past Winners National 50 Km**

1929 Mack Weiss	4:52:45	1966 Larry Young	4:38:25
1930 Henry Cieman (Can.)	4:47:48	1967 Larry Young	4:33:04
1931 Harry L. Clark	5:26:42	1968 Larry Young	4:12:12
1932 Philip Jackelski	5:27:05	1969 Bryan Overton	4:56:07
1933 Philip Jackelski	5:11:30	1970 John Knifton	4:35:02
1934 Henry Cieman	4:58:56	1971 Larry Young	4:18:30
1935 Henry Cieman	4:57:29	1972 Bill Weigle	4:22:00
1936 Ernie Crosbie	5:16:16	1973 Bill Weigle	4:22:37
1937 Al Mangan	5:00:33	1974 Larry Young	4:25:51
1938 Leo Schnepel	5:18:51	1975 Larry Young	4:18:56
1939 Ernie Crosbie	5:19:34	1976 Larry Young	4:11:08
1940 William Mihalo	5:07:25	1977 Larry Young	4:19:58
1941 John Deni	5:19:43	1978 Marco Evoniuk	4:24:05
1942 William Mihalo	5:06:45	1979 Marco Evoniuk	4:15:07
1943 William Mihalo	5:15:45	1980 Carl Schueler	4:06:07
1944 Walter Fleming	5:22:50	1981 Vince O'Sullivan	4:12:11
1945 John J. Abbate	5:35:20	1982 Dan O'Connor	4:22:02
1946 George Wieland	5:17:25	1983 Marco Evoniuk	4:01:43
1947 John J. Abbate	5:12:51	1984 Carl Schueler	4:07:23
1948 Ernie Crosbie	5:04:30	1985 Carl Schueler	4:18:07
1949 Adolph Weinacker	5:13:30	1986 Marco Evoniuk	4:13:32
1950 John Deni	5:41:32	1987 Carl Schueler	4:00:19
1951 William Mihalo	5:25:39	1988 Carl Schueler	4:02:55
1952 Leo Sjogren	4:46:52	1989 Paul Wick	4:17:07
1953 Leo Sjogren	4:59:57	1990 Tim Lewis	4:10:46
1954 Leo Sjogren	4:43:45	1991 Carl Schueler	4:11:03
1955 Leo Sjogren	4:30:57	1992 Carl Schueler	4:02:10
1956 Adolph Weinacker	4:38:38	1993 Jonathan Matthews	4:01:36
1957 James Hewson	5:06:39	1994 Allen James	3:55:39
1958 James Hewson	4:43:30	1995 Allen James	3:59:46
1959 Elliott Denman	5:07:47	1996 Allen James	3:59:11
1960 Ron Laird	4:40:09	1997 Andrew Hermann	3:58:54
1961 John Allen	4:38:20	1998 Curt Clausen	3:57:24
1962 Ron Laird	5:25:30	1999 Curt Clausen	3:54:38
1963 Chris McCarthy	4:44:55	2000 Curt Clausen	3:56:16
1964 Chris McCarthy	4:45:31	2001 Philip Dunn	3:57:18
1965 Dean Rassmussen	5:03:33		

**Other Results**

**3 Km Mallwork, Milford, Conn., Feb. 10**—1. Bill Vayo 14:50 2. David Baldwin (50+) 16:04 3. Maryanne Torrellas (40+) 16:04 4. Joe Light (50+) 16:26 5. Jim Carmine (50+) 16:26 6. Lee Chase (40+) 16:27 7. Peter Noble 16:33 8. Allison Snochowski (under 14) 17:06 9. Ann Percival (40+) 17:44 10. Andy Cable 17:47 11. Ginger Armstrong 17:47 12. Dana Verr (under 14) 18:02 (21 finishers, 2 DQs) **Indoor 3 Km, Brighton, Mass., Feb. 17**: Women—1. Jaonne Dow 13:11.46 2. Marcia Gutsche (40) 14:10 3. Maryanne Torrellas (43) 16:06 4. Lee Chase (48) 16:31 5. Chris Anderson (48) 17:22 (7 finishers) Men—1. Kevin Estler 12:43.43 2. Adam Staier (18) 13:47 3. Mark Dennett (16) 14:52 4. Jeremy Martin (18) 14:52 5. Joe Light (54) 15:25 6. Brian Savilonis (51) 15:54 7. John Costello (46) 16:05 8. Bob Barrett (68) 16:33 9.

Tom Knatt (61) 17:34 (11 finishers) **3.8 Miles, Brockton, Mass., Feb. 18**—1. Steve Vaitones (42) 33:54 2. Charles Mansbach (57) 37:59 3. Tom Knatt 39:17 4. Justin Kuo (47) 39:21 5. Dick Ruquist (65) 39:49 6. Ken Mattsson 41:42 (9 finishers) **H.S. Girl's 1500 meters, New York, Jan. 25**—1. Maria Michta 6:53.1 2. Mallory Delaney 7:58.2 3. Marisa Militello 8:05.4 4. Christina Squillace 8:05.7 2nd race—1. Kristin Schmitt 7:45.6 **H.S. Girl's 1500, New York, Jan. 26**—1. Olga Bexchastnykh 7:38.82 **H.S. Girl's 1500, New York, Jan. 27**—1. Lauren Olivieri 7:41.5 2. Jessica Slack 7:56.4 2nd race—1. Kaileigh Reeves 7:57.3 3rd race—1. Emily Nyburg 7:59.5 **Millrose Games 1 Mile, New York City, Feb. 1**—1. Tim Seaman 5:46.75 2. Curt Clausen 6:12.21 3. Jim Heys 6:22.17 4. Adam Staier 6:26.97 5. Ben Shorey 6:30.45—Seaman had the fastest winning time since Tim Lewis' 5:33.53 in 1988, which is still the world's best-ever performance at the distance. At the 880, he led Clausen by just 4 seconds in 2:52, but maintained his pace the second half while Clausen had to back off. UW-Parkside walker Ben Shorey stayed with the two for the first quarter-mile (1:25), but he faded quickly after 600 meters and was eventually caught by both his teammate Jim Heys and high-schooler Adam Staier. **Indoor 3 Km, Garden City, N.Y., Feb. 3**—1. Tim Seaman 11:52.7 2. Curt Clausen 12:33.3 3. Zacharay Pollinger 14:04.6 4. Joe Trapani 14:49.4 5. Rob Williams 15:30 Women—1. Maria Michta 14:51.5 2. Lauren Olivieri 15:43.2 Michta and Olivieri are both high school sophomores with great promise. **1 Mile, same place**—1. Allison Snochowski 8:47.5 2. Kaite Fileccio 3. Shani Brown 9:28 Men—1. Rob Williams 8:19.3 2. Jose Vasquez 9:09.4 **3 Km, Brentwood, N.Y., Feb. 10**—1. Maria Michta 14:25.1 (qualifies for national indoor championships) 2. Joe Trapani 14:25.3 3. Lauren Olivieri 16:00.4 4. Anine Stanley 16:40.6 5. Jessica Slack 17:45.9 **3 Km, New York, Feb. 10**—1. Rob Williams 15:20.91 **H.S. Girl's 1500 meters, New York, Feb. 14**—1. Maria Michta 6:57.27 2. Lauren Olivieri 7:11.22 3. Kristin Schmitt 7:23 4. Emily Nyburg 7:42 5. Mallory Delaney 7:42 6. Kristin Landau 7:50 7. Jessica Slack 7:51 8. Mikelle Salimbene 7:53 9. Janet Lee 8:00 **H.S. Girl's 1500, New York, Feb. 17**—1. Olga Beschastnykh 7:25.44 2. Iris Moore 7:43 3. Julia Sobolev 7:51 4. Indiana Ripoli 8:02 **H.S. 1500 meters, Farmingdale, N.Y., Feb. 23**—1. Rob Williams 6:58.5 2. Tom Ulrich 7:51.3 **Indoor 3 Km, Alexandria, Vir., Jan. 13**—1. Mark Adams (63) 17:17.7 2. John Gersh (54) 18:24 3. Victor Litwinski (58) 17:26 **5 Km, Orlando, Fla., Jan. 19**—1. Don DeNoon 24:57 2. John Fredericks 29:07 3. Ted Sarger 29:07 (60+) Daniel Koch 30:22 4. Steve Christlieb 30:30 (all but Sarger in 50-59 age group) **Women**—1. Sandra DeNoon 29:02 **5 Km, Winter Park, Fla., Jan. 27**—1. Sandra DeNoon 30:03 **5 Km, Maitland, Fla., Feb. 2**—1. Don DeNoon 24:57 2. Steve Christlieb 29:29 3. Ted Sarger 30:49 **Women**—1. Sandra DeNoon 29:25 **Mardi Gras Marathon, New Orleans, Feb. 19**—1. Monetta Roberts (42), Ala. 4:52:45 2. Grace Mutz (42), N.C. 4:56:06 3. Amy Macon, Miss. 5:10:09 (16 finishers) Men—1. Steve Rojas, Lou. 4:52:02 2. Edward Flint (54), Cal. 4:55:40 (8 finishers) **1/2 Marathon, same place**—1. Deborah Grubbs (49), Miss. 2:13:08 2. Paddy Jones, N.Y. 2:24:39 3. Linda Schultz (43), Mich. 2:28:16 (19 finishers) Men—1. David Allen, New Orleans (57) 2:20:32 2. Randy Surratt, New Orleans (52) 2:21:29 3. Bruce Cooper (48), Kan. 2:26:33 **10 Miles, Yellow Springs, Ohio, Feb. 17**—1. Matt Boyles (19) 1:19:18 (His first race at more than 10 km, I think.) 2. Jill Zenner 1:26:48 3. Jim Robinson 1:34:05 4. Ed Fitch (4) 1:34:34 5. Dona Johnson (46) 1:53:33 6. Mike Johnson (49) 1:54:53 (20 finishers) **Indoor 3 Km, Allendale, Mich., Feb. 3**—1. Deb Topham 16:59 Men—1. Kevin Conkel 13:24.16 2. Bill Reed 15:33 3. Hank Meyer 15:49 4. Ross Barranco 18:27 **3 Km, Oshkosh, Wis., Feb. 4**—1. Amber Anotonia 13:27.80 2. Susan Armenta 13:57 3. Sara Stevenson 14:10 4. Robyn Stevens 14:25 5. Sam Cohen 14:27 6. Ali Bahr 14:27 7. Anne Favolise 14:28 8. Deb Huberty 14:29 9. Jolene Moore 14:33 10. Amanda Bergeron 14:46 11. Jessi Scardina 16:30 12. Pam Murkowski 16:46 Men—1. Steve Quirke 13:09.76 2. Matt DeWitt 13:19 3. Mike Stanton 13:25 4. T.C. DeWitt 13:43 5. Tim Nickel 14:36 6. Eric Pasko 16:46 7. Ben Hofmann 16:55 (The top 9 women met the qualifying standard for the Indoor Nationals. Antonia had won the mile run earlier

in 5:18, Stevens was 2nd in the 3000 meter run in 10:26, Favolise was 8th in the mile run in 5:32, Murkowski was 4th in the mile run in 5:29, and Bergeron and Scardina had run the 880.) **3 Km, Kenosha, Wis., Feb. 15**--1. Amber Antonia 13:23.8 2. Robyn Stevens 14:16 3. Sam Cohen 14:24 4. Anne Favolise 14:29 (add her to the National qualifiers) 5. Amanda Bergeron 14:39 6. Jolene Moore 14:40 7. Jessi Scardina 16:05.9 8. Pam Murkowski 16:10 9. Kristin Barrett 18:19 Men--1. Jim Heys 12:14.6 2. Lachlan McDonald 12:24 3. Matt Boyles 12:26 4. Ben Shorey 12:41 5. Matt DeWitt 12:52 6. TC DeWitt 13:23 7. Mike Stanton 13:57 8. Tim Nickel 14:10 9. Will Preischel (40+) 14:55 10. Eric Pasko 16:19 11. Ben Hofmann 17:08 Mike Rose (40) 17:01 2. Lynne Tracy (49) 17:04 3. Al DuBois (70) 17:35 **Indoor 3 Km, Columbia, Missouri, Feb. 16**--1. Michael Lee (17) 15:28.93 3. Jerry Young 18:47 (A name we haven't seen in a long time.) (3 finishers, 1 DNF, 1 DQ) **Indoor 3 Km, U. of South Dakota, Feb. 9**--1. Mike Wiggins (53), Iowa 14:04 2. Keley Smith-Keller (45) 17:34 3. Erin Goeden 19:07 **5 Km, Chula Vista, Cal., Feb. 16**--1. Joe Nieroski 24:02 2. Donna Cunningham (55) 29:06 3. John Backlund (61) 30:59. Jane Dana (80) 38:10 **2.8 Miles, Seattle, Jan. 12**--1. Stan Charaminski and Bob Novak 25:42 3. Ann Tuberg 27:12

**Finnish Indoor 5 Km Championship, Tampere, Feb. 16**--1. Jani Lehtinen 20:35 2. Eero Turpeinen 21:44 **Finnish Indoor Women's 3 Km Championship, same place**--1. Outi Sillanpaa 13:16.70 2. Tiina Muinonen 14:23 3. marja Penttinen 14:33 **5 Km, Auckland, N.Z., Feb. 2**--1. Craig Barrett 19:45.40 2. Jamie Costin, Ireland 19:59.15 3. Tony Sargisson 20:55 **3 Km, Auckland, Feb. 8**--1. Gary Little (60+) 14:04.71 **5 Km, Hamilton, N.Z., Feb. 15**--1. Craig Barrett 20:15.71 2. Gary Little 23:48 (World best for age group) **Auckland Masters 10 Km, Feb. 16**--1. Gary Little 49:22.7 (World age-group record) **10 Km, Canberra, Aust., Feb. 8**--1. Nathan Deakes 38:44.87 2. Luke Adams 40:47 3. Darren Brown 41:09 4. Duane Cousins 42:32 5. Liam Murphy 43:04 **20 Km, Grandola, Portugal, Jan. 26**--1. Jose Urbano 1:34;7 2. Dionisio Ventura 1:34:44 **Women's 10 Km, same place**--1. Susana Feitor 46:44 2. Vera Santos 47:50 3. Ines Henriques 48:06 **Portuguese Indoor Women's 3 Km Championship, Espinho, Feb. 2**--1. Susan Feitor 12:43.22 2. Ines Henriques 13:12 3. Vera Santos 13:16 4. Maribel Goncalves 13:32 **Portuguese Indoor 5 Km, same place**--1. Joao Viera 20:08.69 2. Pedor Martins 21:01 3. Dionisio Ventura 21:07 4. Luis Osorio (junior) 21:16 **Portuguese 50 Km Championship, Valongo, Feb. 16**--1. Pedor Martins 3:56:27 2. Jorge Costa 3:57:23 3. Luis Gil 4:20:13 **Portuguese Women's 20 Km Championship, same place**--1. Susana Feitor 1:31:12 2. Kristina Saltanovic 1:32:58 3. Ines Henriques 1:35:46 **Indoor 3 Km, Cardiff, Wales, Feb. 2**--1. Robert Hefferan, Ireland 11:10.02 2. Colin Griffin, Ire. 11:46.03 Women--1. Gillian O'Sullivan, Irel. 12:17.56 **Indoor 10 Km, St. Petersburg, Russia, Jan. 19**--1. Vladimir Polyakov 42:30.8 2. Sergey Illarionov 42:56 Women's 5 Km, same place--1. Alexandra Kubasova 22:14.3 2. Irina Petrova 22:28 3. Elena Kurochkina 22:40 4. Svetlana Vasiliva 22:45 **Indoor 10 Km, Moscow, Jan. 23**--1. Konstantin Golubtsov 40:43.2 2. Sergey Hripunov 41:00.4 3. Alexandr Pimenov 42:18 4. Andrew Plotnikov 42:30 Women--1. Antonina Petrova 45:13.6 2. Marina Smyslova 46:08 3. Tatiana Matyushkina 46:56 **Women's 50 Km, Scanzaroscate, Italy, Oct. 28, 2001**--1. Elena Ginko, Belarus 4:34:16 2. Natalia Bruniko, Italy 3. Olena Krivochizha, Ukraine 4:36:45 4. Anita Liepina, Latvia **100 Km, same place**--1. Modris Liepins, Latvia 8:48:28 (Perhaps an all-time best? My immediate resources don't tell me. Who can help me out?) 2. Victor Ginko, Belarus 9:13:27 3. Robert Tubak, Hungary 9:23:17 5. Peter Tichy, Slovak Rep. 9:28:06 6. Aleksei Rodionov, Russia 9:31:41

## Hi Ho! Hi Ho! A Walking Will We Go

Sat. March 2 **National USATF Indoor 3 Km Women, 5 Km Men, New York City**

Sat. March 9 2.8 Miles, Seattle, 9 am (C)  
 Sat. March 16 5 Km, Ft. Bragg, Cal., 8:30 am (R)  
 Sun. March 17 20 Km, Huntington Beach, Cal. (Y)  
 Ohio 15 Km (and 5 Km) (M)  
 Sat. March 24 **USATF National Masters Indoor 3 Km, Boston (X)**  
 Sat. March 30 Indoor Women's 3 Km, Men's 5 Km, Cincinnati, 11:30 am (M)  
 8 Km, Alexandria, Vir., 8:30 am (O)  
 Sun. April 7 Missouri 5, 10, and 20 Km, Columbia (B)  
 Sun. April 14 National Invitational 10 and 20 Km Racewalks, Manassas, Vir., 8:30 am (O)  
 Mt. SAC 5 and 10 Km, Walnut, Cal. (Y)  
 Sat. April 20 Masters 10 Km, Seattle (C)  
 Sun. April 21 North Region 20 Km, plus 5 and 10 Km, Yellow Springs, Ohio, 8 am (M)  
 Mt. SAC Invitational 1 Mile, Walnut, Cal. (Y)  
 5 Km, Sacramento Senior Games (E)  
 Zinn Memorial 10 Km, Wall Township, N.J. (A)  
 8 Km, Westerly, R.I. (X)  
 Sat. April 27 Penn Relays 5 and 10 Km, Philadelphia (T)  
 Sun. April 28 1500 meters and 3 Km, Alexandria, Vir., 8:30 am (O)  
 Sat. Ma4 Howard Wood Relays 5 Km, Sioux Falls, S. Dak., 6:45 am (J)  
 Sun. May 5 **USATF National 30 km, Sacramento, Cal. and Western Regional 20 (V)**  
 Sun. May 12 East Region 20 Km, Hauppauge, N.Y. (K)  
 20 Km, Kenosha, Wis. (N)

### Contacts

A--Elliott Denman, 28 N. Locust, West Long Branch, NJ 07764  
 B--Dr. Wayne Armbrust, 3604 Grant Court, Columbus, MO 65203  
 C--Bev LaVeck, 6633 N.E. Windermere Road, Seattle, WA 98115  
 D--Jake Jacobson, 6068 Ungerer St., Jupiter, FL 33458, 561-745-0436  
 E--Sierra Race Walkers, P.O. Box 5221, Fair Oaks, CA 95628  
 G--Stella Cashman, 320 East 83rd St., New York, NY 10028  
 H--Bob Carlson, 2261 Glencoe St., Denver CO80207  
 I--New Mexico Racewalkers, PO Box 16102, Albuquerque, NM 87191  
 J--Dr. Glen Peterson, 1906 South Hawthorne Avenue, Sioux Falls, SD 57105,  
[racewalk57105@yahoo.com](mailto:racewalk57105@yahoo.com)  
 K--Gary Westerfield, [garyw@optonline.net](mailto:garyw@optonline.net)  
 L--Daniel Koch, 3331 N.W. 22nd St., Coconut Creek, FL 33066, 954-970-9364  
 M--Vince Peters, 607 Omar Circle, Yellow Springs, OH 45387, 937-767-7424  
 N--Mike DeWitt, Track Coach, UW Parkside, Kenosha, WI [dewitt@uwp.edu](mailto:dewitt@uwp.edu)  
 O--Sal Corrallo, 72 Creek Drive, Millsboro, DE 19966  
 P--Jack Bray, Marin Racewalkers, P.O. Box 21, Kentfield, CA 94914  
 Q--Florida Athletic Club-Walkers, 3331 NW 22nd St., Coconut Creek, FL 33066  
 R--Ron Daniel, 1289 Balboa Court, Apt. 149, Sunnyvale, CA 94086  
 S--Frank Soby, 3907 Bishop, Detroit, MI 48224  
 T--Jeff Salvage 609-714-1308, [jsalvage@racewalk.com](mailto:jsalvage@racewalk.com)  
 V--Anne Gerhardt 916-457-3460, [algerhardt@ucdavis.edu](mailto:algerhardt@ucdavis.edu)  
 X--Steve Vaitones, P.O. Box 1905, Brookline, MA 02446 (617-566-7600)  
 Y--Walkers Club of Los Angeles, 233 Winchester Avenue, Glendale, CA 91201  
 AA--Justin Kuo, 30 Oakland Road, Brookline, MA 02146



## From Heel To Toe

**Our heritage.** At the Racewalking Committee meeting during the USATF National Convention late last year, a USA Racewalking History Project was put in place at the suggestion of Tom Eastler. Elliott Denman accepted the nomination to be the group's Historian. Elliott looks on this as a wonderful project with all kinds of potential and long-term benefit to all. I have agreed to assist him and can offer the complete archives of the *Ohio Racewalker* as a source of material. Elliot's view of the project is as follows: "The project has many possibilities and I would like to request the full help of the entire USA racewalking community. As currently envisioned, we would like to put together a volume—probably a quite thick one—detailing the great events of USA racewalking history and the life stories of the great people who have been actively involved in the sport over the years. A preliminary idea would be to have sections on: (1) Each of the USA National Championship races (AAU, TAC, USATF) over the years, with the most complete summaries of finishers possible. (2) All the international events involving USA racewalkers (Olympics, World Championships, World Cup, Pan Am Games, Pan Am Cup, Goodwill Games, international duals, etc.) (3) All the other major non-championship races held in the USA—including such majors as the National Invitational, Penn Relays, Millrose Games, Ron Zinn Memorial (N.J. and Chicago), Sports Festival, Rose Bowl, National Postal, etc., etc. (4) Biographies of the greats, past and present of USA racewalking...their full stories, how they got started, their career highlights, etc. etc. (5) Stories on the great coaches, administrators, officials of the sport...and all that they have done over the years. We will try to use existing material as much as possible to ease the job of doing all of this—this would mean clippings, excerpts, photos, etc. etc. We therefore ask all of you out there to start digging through your files and portfolios of information and start helping us out. Please send us good, reproducible photocopies of all such original material you think worthy of inclusion. Do not send us valuable originals. If we can find a sponsor interested in helping to defray the cost of all this—printing, photocopying, etc.—it would be marvelous. We encourage everybody out there to get involved and help us out. It will take quite a while to do all this, but we want to get started as soon as we can. Please get in touch. You can reach Elliott or send material to him at 28 North Locust Avenue, West Long Branch, NJ 07764, 732-222-9080, [Elliottden@aol.com](mailto:Elliottden@aol.com). ORW addresses are given on page 2. Phone 614-263-8318.

**A clinic opportunity.** A three-day racewalk course is being held at York University in Toronto, Ontario from Friday April 19 to Sunday April 21, 2002. Interested people from the USA are welcome to attend. The course is designated Level Three (of Five) in the Canadian Certification Programme. A Level Three course is designed for coaches of athletes in preparation for year-round competition. This is generally considered to include athletes committed to inter-provincial and national competition. A unique feature of this particular course is that it has been opened to coaches and participants without the administrative prerequisites of the Canadian system. The intermediate-advanced level will be maintained, but interested coaches in other event groups, committed masters competitors, or those regularly teaching walkers outside the mainstream of track and field are welcome to attend. The course is held in the context of one of Canada's traditional coaching education activities, the York University seminars. Cost is likely to be in the region of \$150US. The instructor/facilitator will be Roger Burrows, a Level Three Course Conductor and long-time racewalk coach. The nature of a Level Three course is that much of the learning occurs in workshop situations with a high degree of participation from the candidates. If you are interested, please contact Roger directly at [rburr014@uottawa.ca](mailto:rburr014@uottawa.ca) or 613-747-5433. His address is 34 Oakhaven Private, Ottawa, Ontario, Canada K1K 4K1.

**Junior championships and standards.** In a departure from the past, the USATF Junior National Championships will be held in conjunction with the National Outdoor T&F Championships at Stanford U., Palo Alto, Cal. on June 21-22. In the past, the Junior track and field meet has been held at a separate site, usually

a week earlier. The event will serve as a selection meet for the World Junior Championships in Kingston, Jamaica, July 16-21. The two highest finishers at the Junior Nationals who have met the World qualifying standard will be eligible for this expense paid trip to compete against the best 14-19 year olds in the world. Both boys and girls will be racing at 10 Km. Qualifying standards to enter the meet for boys are: 15:00 for 3 Km, 25:30 for 5 Km, or 55:15 for 10 km. For girls 16:00 for 3, 28:30 for 5, or 59:45 for 10. Qualifying times must be on a track in sanctioned USATF or IAAF meets, collegiate meets, or high school meets, not to include duals or triangulars. Juniors for 2002 are defined as those born in 1983 or later (can not turn 20 in 2002).

**Chinese dominate.** Although they weren't much in evidence at the World Championships or the World Rankings of either *Track and Field News* or the *Ohio Racewalker*, the Chinese certainly dominated the final lists of the fastest 100 walkers in the world in each event. This was due largely to the races in Dandong last April in which the winning times were quite believable, but the depth of performance nearly unbelievable. According to Steve Vaitones count, the Chinese had 25 in the top 100 in the men's 20 km (with their highest at 16th), 31 in the top 100 at 50 (highest 4th), 30 in the top 100 in the women's 20 (highest 2nd), and 32 in the women's 10 (highest 4th). In the men's 20, Russia followed China with 16 athletes (their highest was 1st), Italy had 7, and Spain and Slovakia 4 each. There were 28 countries represented in the top 100. At 50, Spain had 9 (highest in 2nd), Russian and Japan (a surprise) 6, and Australia and Italy 5. 26 countries were represented. In the women's 20, Russia had 13 (highest 1st), Italy 7, and Portugal, Belarus, Ukraine, and Romania 4 each. 26 countries were represented. In the women's 10, Italy had 12 (highest 3rd), Spain 7, Mexico and Ukraine 5, and Russia 4, and again 26 countries were represented. Steve took the top 100 lists from a web site of Mirko Jalava. The U.S. did not have as many as three athletes in any of the events. The 100th best performances were 1:24:38, 4:06:31, 1:35:51, and 48:18.

**Attention age-challenged walkers.** (My attempt to satisfy the hard-core political correctivists.) The Huntsman World Senior Games are held annually in mid-October in beautiful St. George, Utah. It claims to be the "premier international competition for athletes 50 and better." For this year, they are proud to announce the North American, Central American, and Caribbean World Masters Association Regional 2002 Racewalk Championships (I guess that's the NACACWMARRC). The 1500 meters will be held on the track on Oct. 15 and the 5 km on the road on Oct. 16. In addition, a 10 km race will be held on the road on Oct. 14. There will also be a clinic on the 14th. The directors have made a commitment to become a worldwide recognized and quality racewalk event. For more information contact Merrill Barney, HWSG Sports Director at 800-562-1268, [hws@infowest.com](mailto:hws@infowest.com). Or visit their web site at [www.seniorgames.net](http://www.seniorgames.net).

**TV coverage parodied.** Tired of the continuing trend of TV coverage of Olympic events (or any major sporting events, for that matter), which has been rapidly advancing over the past 30 years? Well, you might enjoy this item from an internet humor list: Skier Concealed Adversity-Free Past from Officials. A member of the U.S. Olympic ski team was disqualified from competition today when it was learned that he did not have a sufficiently compelling human storyline to exploit on the NBC telecast of the worldwide sporting event. Tom Bergen, the expelled skier, was not raised by a single mother, never had a career-threatening injury, and did not overcome a personal tragedy of any kind before making the Olympic ski team, U.S. officials revealed today. "Had Tom been involved in an organ donation, as either a donor or a recipient, that would have been acceptable to us," ski team spokesman Sandy Harrell told reporters. "However, he was not." According to sources close to the ski team, Bergen had concealed the fact that he comes from an intact middle class family who never lost their home to a flood, tornado, or typhoon. But what may have sealed Bergen's doom, sources said, was his utter lack of a gravely ill family member to win a medal for. "Tom did his best to hide his background from team officials," one source said. "But when the truth came out, he was finished." Speaking to reporters in Salt Lake City, NBC Sports Director Dick Ebersol was even less charitable, terming Bergen's actions "a reprehensible betrayal." "We do our best to check out all of the athletes to make sure that their backgrounds are full of compelling human drama, but



we can't catch everything," Ebersol said. "This is a case of one really bad guy exploiting the system." . . . **Electronic judging revisited.** For those who think we can rely on some electronic shoe device to judge walking races, consider the following story from the BBC website, which illustrates how electronic aids can malfunction and adversely affect athletes. "Jason Gardener has been officially cleared of making a false start during the 60m at the Norwich Union Indoor Grand Prix in Birmingham last Sunday. The European indoor record holder protested his innocence at the time after being penalised for allegedly jumping the gun on the first start. He trailed in third on the restart behind South African Morne Nagel and fellow Briton Mark Lewis-Francis. But an investigation by UK Athletics discovered a delay in activating the mechanism which detects false starts. The inquiry revealed that the initial race should have been a 'faulty start' because three athletes beat the bleep and did not record reaction times. Gardener was actually the fourth sprinter to rise from the blocks, but was given the false start because his time was the first to show on the computer. "The false start shouldn't have been attributed to Jason Gardener," confirmed Emily Lewis, a spokeswoman for UK Athletics. " Translate that malfunction on three of, six or eight athletes for a single action, and then think of a 50 Km World Cup race on which a judging device would be expected to function without malfunction on something like 6 million strides (150 athletes times 40,000 strides as a rough estimate).

*(Rogers Burrows--see above note on his clinic--prepares a newsletter for that Canada's racewalkers and officials. His February Race Walk Notes de la marche included his comments on current judging issues, which are well worth repeating here.)*

### Speaking of the Olympics, I'm A Terrible Person. . .

. . . and I'm probably going straight to Hell. But, I confess I followed the judging controversy in Salt Lake City with some relief that "it's not racewalking this time."

There were two issues, of course. Who won the pairs competition was in a sense secondary to the fact that manipulative judging was finally exposed. At that point, racewalkers everywhere must pay attention.

I do not think that international racewalk judging is corrupt. But, I look at major meet judging since the day after the men's 20 km in Sydney with some concern. Since that race, the number of disqualifications has shot up. The previous benchmark for "overjudging", 10 percent of the field in my book, is now out of the window. Fully 25 percent of the world's best athletes are now, it seems, violating the rules to such an extent that they must be removed.

Yet, our rules have been the same for some time. Nor did the athletes all of a sudden start walking differently en masse. Something else is going on.

### The background

Since Pimo Nebiolo days, the IAAF has abhorred any negative controversy, and will do anything to avoid it throughout the sport. Egos feed on the sense of order they impose, and Nebiolo's ego was huge. More recently, with the IOC under pressure to reduce the size of the Olympics, anything that draws attention to the sheer numbers in the Games' largest sport, is to be avoided in this larger context. Nebiolo, and how his successor, did not like what is perceived as racewalk's potential for controversy in general, and the post-race DQ in particular.

Of course, apart from false starts, DQs in all other races (relay exchanges, obstruction, hurdle violations) are all post-race, after due consideration of the circumstances. But from 1993, Nebiolo decreed that, in the walks, "offenders" should be off the course before the stadium.

This did not work. The Chief Judge was put in the impossible position of needing to be in two places at the same time. Sydney provided classic examples. Bernardo Segura was DQ'd post-race, and Ozzie heroine, Jane Saville, was pulled with 150 meters to go. Segura's last red card came on the track, so what are the judges supposed to do? And if the Chief had still been on the course, Saville would have been out shortly after her last card at 16 km! Though both cases were perfectly understandable to walkers, the IAAF brass positively wet itself in consternation.

Now a world that can handle the concept of "fouling out" in basketball can surely handle not dissimilar (and more objectively administered) racewalk rules. But, instead of realizing that the "reforms" were having a negative effect, the folks in Monte Carlo started looking for even more ways to stop the heinous crimes of superb athletes either getting tired or trying too hard.

### The "Edmonton Rules"

So now we have the "get 'em, and get 'em early" decree. No one with any kind of possible irregularity must get by the Chief and his new posse of deputies. The varmints must be cut off at the pass before they ride into town? This is not a coach's jaundiced view. This is an IAAF pronouncement. If you were in Edmonton, you heard it.

Mike DeWitt wrote a fine article in the *Ohio Racewalker* shortly after the World Championships (October 2001 issue), carefully listing the idiosyncracies of technique that brought about the torrent of DQs: "poor use of feet, poor hip action, less than smooth and efficient upper body action", and so on. All true. I also agree that in general, we should all pay more attention to out technique. My only disagreement with Mike: he thought the judging in Edmonton was fair. Because it suddenly introduced factors which are simply not in the rules, I thought it was anything but. *(Ed. I'm not sure that Mike was suggesting that that judges calls are made based on such flaws. Rather, such flaws can lead to violations of the rules and at the same time draw greater attention from the judges.)*

### The triangular video

So that judges would understand its edict of conformity, the IAAF produced its comparatively recent judging instructional video, which some of you and I have watched together. The video is now actually 4 years old, so I suspect that it has now taken on more significance as an enforcement tool for the IAAF than when it was produced.

Enter the concept of triangles. An athlete in the classic "double support" position is shown to form two right-angle triangles. A side common to both is the athlete's vertical axis. The ground forms the second side of both triangles. The hypotenuse of the front and back triangle is the athlete's front and back leg, respectively.

An interesting graphical representation, sure. A rule, no. Let's not even debate whether back legs have been rigidly straight, or even whether there has been a true double support phase since the 1960s. I don't see anything in Rule 230 about triangles. I just see the simple, classic twin concepts of (1) **supporting leg straight, from ground contact to vertical** and (2) **ground contact appearing unbroken to the unaided eye of the judges.**

Yet a couple of months after the World Championships, there I am at an international meet hearing the distinguished Chief Judge tell me "that athlete doesn't have much of a front triangle, you see. Without a front triangle, there is the potential for a bent knee. That's what the warnings were for." Excuse me--potential for bent knee? (I found myself laughing out loud! And that, Ladies and gentlemen, is why I will never be on the IAAF Racewalking Committee!) *(Ed. and, of course, this judge is not going to see much of a front triangle on any of today's elite walkers, since the idea now is to keep most of the stride to the rear.)*



### After 900 words, still a terrible person

So, how did I get to this point from figure skating in Salt Lake City? I repeat, I do not see international racewalk judging as corrupt. But, I worry when I see rules suddenly interpreted in ways which are in no way clear when the rules are read. I also worry about "potential for corruption"!

If the biggest meets now must conform to an additional, unwritten package of cosmetic requirements, it is only a small step to the athletes with "acceptable" cosmetic presentation being identified and ranked beforehand.

The events of Salt Lake City were a public exposure of what those close to skating have known for some time: results may include factors other than athleticism within the rules of the day. I worry that our international judges are now being brought under the same pressure.

None of the transgressions on Mike DeWitt's list are in racewalking rules. Neither are "triangles" nor the doctrine of "when in doubt, get them out". "Avoid media controversy" is certainly not. If Salt Lake City is anything to go by, and if powers-that-be continue to interpret the rules for their own purposes, they may soon face a controversy of their own.

### Open Letter to the U.S. Racewalk Community

*(This letter from Philip Dunn and the athletes at the U.S. Olympic Training Center, is dated Feb. 13, 2002.)*

Yesterday, the Chula Vista City Council issued an official proclamation that February 17, 2002 be "National 50 km Racewalk Championship Day" for the city of Chula Vista. The city is proud to serve as host for this year's event and host of the racewalkers in training at the Olympic Training Center.

Months of preparation will be on display this weekend at the 50 km race. As the defending champion and one of the walkers training at the U.S. Olympic Training Center's Racewalking Center of Excellence, I am eager to welcome competitors from all over the U.S. We have the rare opportunity to showcase the facilities of our beautiful training center and promote the sport of racewalking in our local community with a national-class competition.

The 2002 season is well underway and the athletes in Chula Vista have already begun to make their marks. Under the continuous leadership of coach Enrique Pena, several athletes have recently qualified for the USATF Indoor Nationals while others prepare arduously for the upcoming USATF National Championships.

For those unfamiliar with the group of walkers at the Chula Vista OTC, let me briefly introduce the athletes:

Sean Albert (Paramus, N.J.) finished 2001 ranked #3 in the country at 20 km and was the top U.S. finisher at that distance at the Pan American Racewalk Cup last fall in Ecuador, earning USATF Athlete of the Week honors.

Susan Armenta (Riverside, Cal.) was ranked #1 in the world at 50 km after her win at the 2001 inaugural women's 50 km National. She remains one of the top 20 km walkers in the country.

Curt Clausen (Stevens Point, Wis.) in 2001 was ranked #1 in the U.S. at 20 and 50 km and #7 in the World at 50. His career highlights include a bronze medal at the 1999 World Championships and numerous national titles, including four at 20 and three at 50 (now four).

Philip Dunn (Portland, Ore.) ranked #2 on the U.S. 50 km list in 2001 and #3 all-time, won his first 50 km title last year and backed it up with a 14th place at the World Championships. In 1999, he captured the bronze medal at the Pan American Games.

Al Heppner (Columbia, Maryland) placed fourth in both the 20 and 50 km events last year and challenged all comers for several national titles. He has represented the Army's World Class Athlete Program for the past two years. Ranks 8th on U.S. All-Time 50 km list with a 3:58:45 in 1999.

John Nunn (Evansville, Ind.) won his first National title at 10 km in 2001 and finished the 2001 season ranked 4th in the nation at 20 km after an inspired performance for the U.S. squad in Ecuador at the Pan-Am Cup.

Tim Seaman (North Babylon, N.Y.), a 2000 Olympian and twice U.S. 20 km champion, was challenged by graduate school, work, married life, and high-level training in 2001, but still qualified for the World Championships for the second straight time at 20 km and won the National 5 km indoors and the 15 km outdoors.

Enrique Pena, coach of the ARCO Center of Excellence, has been instrumental in the day-to-day triumphs of our athletes. Every day he challenges, inspires, and guides us down the sometimes bumpy road to athletic success. He is not just our coach. He is a wonderful teacher and a close friend. For the past three years, he has shared in our numerous national and international honors. Prior to working with us, he coached Ecuador's Jefferson Perez to the 1996 Olympic gold medal at 20 km and other international honors.

In order for us to continue to be competitive with the rest of the world, we need the world's best coach, Enrique Pena, and we need the support of the U.S. racewalking community. With financial assistance from the North American Racewalk Institute, the U.S. Olympic Committee, USATF, and the athletes themselves, we are building a coalition of support for our Center of Excellence. Yet we continue to need more.

Since the Center of Excellence began in 1997, we have made a strong effort to promote and develop walking locally and nationally. The Center has been the base for training camps. Several youth, emerging elite, and elite athletes have used the facilities, training group, and coaching resources to make improvements.

At yesterday's City Council meeting, plans for a grass-roots development and educational program with the City of Chula Vista's parks and Recreation Department were revealed. Coach Pena and the Chula Vista walkers will introduce walking to hundreds of local school children and give them competitive opportunities in the sport. After-school sports programs and city-wide competitions will be just two of the many activities initiated with this new agreement.

The new program would build on other development projects we have been involved in:

The "Exercise the Dream" sports-education program regularly comes to the Training Center with 600 children to learn diverse sporting activities, such as racewalking.

AmeriCorps volunteers have gone through extensive training and instruction on the skills needed to go out into the local schools and teach racewalking to hundreds more students.

The unique "Adopt-an-Olympian" project pairs Olympic-level athletes with local classrooms in an innovative mentoring program.



The National Women's Sports Foundation brings 2000 girls to the Training Center annually to learn healthy fitness activities from world-class athletes.

The mandate from the USOC and new USATF High Performance Development Committee to all event groups is "medals, medals, medals". Whether it is in Europe at the IAAF World Racewalk Cup this fall or at the Mexican Walk Week this spring, we intend to bring home as much gold, silver, and bronze as we can get through customs.

Sincerely  
Philip Dunn and the Chula Vista Racewalk Center of Excellence athletes

*(Ed. Contributions to the Racewalk Center of Excellence at the Olympic Training Center can be made through the North American Racewalking Institute, P.O. Box 50312, Pasadena, CA 91115. Call Elaine Ward, 626-441-5459 or e-mail NARWF@aol.com for further information.)*

## 2002 U.S. Indoor List

(As of Feb. 20, compiled by Steve Vaitones)

### Women

13:11.46 Joanne Dow  
13:56.61 Amber Antonia  
13:56.61 Susan Armenta  
14:09.89 Sara Stevenson  
14:09.91 Marcia Gutsche  
14:15.18 Robyn Stevens  
14:18.80 Jill Zenner  
14:23.9 Sam Cohen  
14:25.1 Maria Michta  
14:27.01 Ali Bahr  
14:27.48 Anne Favolise  
14:28.64 Deb Huberty  
14:32.76 Jolene Moore  
14:38.1 Amanda Bergeron

### Men

11:52.7 Tim Seaman  
12:14.16 Jim Heys  
12:25.2 Matt Boyles  
12:33.3 Curt Clausen  
12:40.6 Ben Shorey  
12:43.43 Kevin Eastler  
12:51.8 Matt DeWitt  
13:09.76 Steve Quirke  
13:22.3 TC DeWitt  
13:24.07 Mike Stanton  
13:30.92 Jim Robinson  
14:05.44 Adam Staier

## Looking Back

**35 Years Ago** (From the February 1967 ORW)--Jack Blackburn won the first ever walking race in Ohio State's French Fieldhouse, a hallowed hall he had once been booted out of even though he was an ex-OSU runner (Class of '58, sixth in 1956 Olympic 10,000 meter run trial). His 6:43.6 for the mile left him well clear of Jack Mortland's 6:56.4 with Chuck Newell third in 7:40. In Chicago, Bob Gray beat Phil McDonald three times in a row in 1 and 2 mile races. Ron Daniel had a 6:29.5 in New York. Rudy Haluza was named the recipient of the Capt. Ronald Zinn Award for 1966 as the outstanding U.S. walker.

**30 Years Ago** (From the February 1972 ORW)--Dave Romansky won the National Indoor 1 Mile title for the third time in 4 years, slicing 0.6 seconds off his own Championship record with 6:13.4. Ron Laird challenged all the way, but his 6:14.6 fell just short. Not far back were Larry Walker (6:17.5), Todd Scully (6:20.4), and Ron Kulik (6:22.6). A week earlier, Dave had finished the Olympic Invitational 1500 meter race in a record 5:48.7, but was DQ'd. The race went to Laird in

5:50.2, with Ron Daniel second in 5:51.5, and Kulik third in 5:53.3. On the West Coast, Goetz Klopfer stormed through 40 Km in 3:20:07. Here in Columbus, and back in French Fieldhouse at the OSU Invitational, your already aging editor (37) managed to outkick Phil McDonald in a 3 Mile, 22:53.8 to 22:55.6.

**25 Years Ago** (From the February 1977 ORW)--February was Todd Scully month as the Virginia pig farmer set two American records. He won the Olympic Invitational 1500 in 5:48.6, leaving Dave Romansky and Ron Daniel way back. Two weeks later, he took the National Indoor 2 Mile in 13:02.5, pulling away from Neal Pyke in the last half-mile. Rising star Jim Heiring had two fast races in Wisconsin--a 13:39 for 2 miles and 21:06 for 3 miles. Larry Walker walked away with LA Times 1 Mile in 6:23.9.

**20 Years Ago** (From the February 1982 ORW)--National Indoor titles went to Jim Heiring at 2 Miles and Sue Brodock at 1 Mile. Heiring won in 12:24.82 with Ray Sharp a distant second in 12:57.49. Todd Scully and Dan O'Connor were right behind Ray. Brodock got away from Susan Liers over the final 440 to win in 7:07.14. Liers had 7:12.02. Jeanne Bocci (7:39.05) edged Vicki Jones for third. The National 100 Km in Houston was an easy win for Bob Keating, whose 11:22.23 left him nearly 45 minutes ahead of second place Jack Blackburn. Heiring also turned in the world's fastest ever indoor mile in Richfield, Ohio with a 5:47.39.

**15 Years Ago** (From the February 1987 ORW)--In the National 15 Km in Wellington, Florida, Tim Lewis won the men's title in 1:04:35 and Debbi Lawrence topped the women in 1:13:40. Paul Wick (1:06:26) beat out Ray Sharp (1:06:39) and Paul Schwartzburg (1:06:53) for second among the men, and Lynn Weik followed Lawrence in 1:14:27. Lewis also had a world best in winning the U.S. Olympic Invitational 1500 meters in 5:17.17, nearly 30 seconds ahead of Jeff Salvage. In Boston, Lewis had the fastest mile of all time, winning in 5:42.3, with Schwartzburg second in 5:58.4. Carl Schueler just missed breaking 4 hours as he won the U.S. 50 km title in 4:00:19 in Monterey, Cal. Marco Evoniuk was more than 6 minutes back and Jim Heiring took third in 4:10:36. Josef Pribilinec won the European indoor 5 Km title in 19:09.44. The Czech led the GDR's Ronald Weigel by about 4 seconds, with another Czech, Roman Mrazek, third. Natalia Dmitrenchenko, USSR, won the women's 3 Km title in 12:57.59, just ahead of Italy's Giuliana Salce.

**10 Years Ago** (From the February 1991 ORW)--In indoor races, Michelle Rohl covered 3 Km in 13:05.81 to win in Johnson City, Tenn. and Debbi Lawrence had a 6:18.03 mile in Fairfax, Vir. and a 6:21.09 in Richfield, Ohio. In the Fairfax race, Rohl was just .04 behind Debbi. Tim Lewis won the Millrose Mile in New York City with a 5:51.64 to Gary Morgan's 5:55.73. In Paramount, Cal., Allen James tore through 10 Km in 42:09. Sweden's Madeleine Svensson did 3 Km in 12:14.01 in Paris.

**5 Years Ago** (From the February 1997 ORW)--Andrew Hermann became the sixth U.S. walker to go under 4 hours for 50 km as he won the National title in Palo Alto, Cal. with a 3:58:54, nearly 14 minutes ahead of second place Jonathan Matthews (4:12:36). In the process he beat four of the five others to go under 4--Marco Evoniuk, Carl Schueler, Andrzej Chylinski, and Herm Nelson. The other, three-time titlist Allen James, did not defend his championship. Third place went to Mark Green (4:14:20) followed by Chylinski, Evoniuk, Schueler, and Nelson, all just shadows of their former selves. The Italian 50 Km championship was won by Giovanni Perricelli in 3:52:31, with two others under 4 hours. In New Zealand, 55-year-old Gary Little set world age group records for 3 Km (13:23:40) and 20 Km (1:39:18), and Craig Barrett blistered a 3 Km in 11:21:50.